



ALWAYS GLUTEN FREE





Serving Suggestion



ALL-PURPOSE FLOUR

Gluten free baking has never been easier with Nu Life Market's Gluten Free All-Purpose Flour. With its neutral flavor and tender texture Nu Life Market's Gluten Free All-Purpose Flour is sure to impress. Specially made in an allergen free facility, this flour can easily convert any recipe into a moist, tender, gluten free creation. Try this ancient grain flour blend in your next recipe.

Nutrition Facts

Serving Size 1/4 Cup (30 g)
Servings Per Container About 23

Amount Per Serving

Calories 110 Calories from Fat 5

% Daily Value*

Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	8%
Sugars 0g	

Protein 2g

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories: 2,000 2,500

Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: WHOLE GRAIN SORGHUM FLOUR, POTATO STARCH, TAPIOCA STARCH, XANTHAN GUM.



Retail Bag



Case

Product Specifications:

- Case Pack: 6 Bags
- Case Dimensions: 10½ x 8 x 7
- Case Weight: 9 lbs.
- Case per Pallet: 120
- HxTl: 6x20
- Pallet Configuration: 48 x 48 x 53

BULK OPTIONS AVAILABLE



Serving Suggestion

Nutrition Facts

Serving Size 1/7 mix (38g)
Servings Per Container: 7

Amount Per Serving	
Calories 130	Calories from Fat 0
% Daily Value*	
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 31g	10%
Dietary Fiber less than 1g	3%
Sugars 0g	
Protein 2g	
Vitamin A 0%	Vitamin C 0%
Calcium 2%	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories: 2,000 2,500

Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

INGREDIENTS: SORGHUM FLOUR, TAPIOCA STARCH, POTATO STARCH, BAKING POWDER (MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE, AND CORN STARCH MADE FROM NON-GENETICALLY MODIFIED CORN), XANTHAN GUM, SALT.



PIZZA CRUST

Pizza is now gluten free and delicious. Nu Life Market's Gluten Free Pizza Crust Mix makes tender, crisp, gluten free pizza dough. Thick or thin- roll out the dough and top with your favorite toppings. Specially formulated to crisp, this crust can hold mounds of toppings. Loose the fork, pile on the toppings, and eat this gluten free pizza with your hands.



Retail Bag



Case

Product Specifications:

- Case Pack: 6 Bags
- Case Dimensions: 10 x 8½ x 6
- Case Weight: 6 lbs.
- Case per Pallet: 140
- HlxTl: 7x20
- Pallet Configuration: 48 x 48 x 53

BULK OPTIONS AVAILABLE



Serving Suggestion



PEARLED SORGHUM GRAIN

Nu Life Market's Pearled Sorghum Grain is an excellent alternative to couscous, quinoa, and pasta. Pearled sorghum can be infused with numerous flavors, transforming an ordinary meal into an instant classic. With an 'al dente' texture this grain is sure to shake up your salads, stir-fry, or any savory meat dish.

Nutrition Facts

Serving Size (40g)
Servings Per Container About 11

Amount Per Serving
Calories 150 Calories from Fat 10

	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 0mg	0%
Total Carbohydrate 31g	10%
Dietary Fiber 1g	3%
Sugars 0g	
Protein 4g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 0%	•	Iron 6%
Vitamin D 0%	•	Vitamin E 0%
Thiamin 6%	•	Riboflavin 2%
Niacin 4%	•	Folate 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	2,000	2,500
Total Fat	Less than 65g	80g
Sat Fat	Less than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	Less than 2,400mg	2,400mg
Total Carbohydrate	300g	375g
Dietary Fiber	25g	30g

INGREDIENTS: PEARLED SORGHUM GRAIN.



Retail Bag



Case

Product Specifications:

- Case Pack: 6 Bags
- Case Dimensions: 10 x 8½ x 6
- Case Weight: 6 lbs.
- Case per Pallet: 140
- HxTxL: 7x20
- Pallet Configuration: 48 x 48 x 53

BULK OPTIONS AVAILABLE